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Peaks Island Star : February 2011, Vol. 31, Issue 2

Service Agencies of the Island

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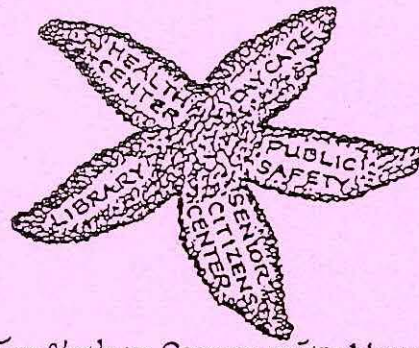
Service Agencies of the Island, "Peaks Island Star : February 2011, Vol. 31, Issue 2" (2011). *Peaks Island Star, 2011*. 10.

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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

February 2011

Volume 31

Issue 2

February at the Peaks Island Branch Library

in the Community Building

766-5540

email peaks@portland.lib.me.us

Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

February may be a short month, but the library is long on events.

Tuesday, Feb. 1, 7pm – Book Discussion: Marcie Appel will moderate a discussion of *The Moon and Sixpence* by Somerset Maugham, in the Community Room. (For the March 1 meeting, the book is *Four Spirits* by Sena Jeter Naslund, Kay Taylor moderator.)

Saturday, Feb. 5, 11am-1pm – Book Event: Author Robin Hansen and Peaks Island Illustrator Jamie Hogan will reveal the back story to their new book, *Ice Harbor Mittens*, through slides, a talk and reading, and interactive drawing and orienteering activities. Several Peaks Islanders are models for the book's illustrations, and anyone with an interest in knitting patterns will enjoy this event – and the book! There will be a book signing as well. In the Community Room, for children and adults.

Tuesday, Feb. 8, 6:30pm – Stories and Craft Program: Patricia Crowley-Rockwell is back with "Hearts Abound," a Valentine themed program for 5-8 year-olds. Note early starting time so children can be home in bed at a reasonable time. In the Community Room.

Wednesday, Feb. 9, 1pm – Valentine Crafts, with a Twist: Taylor Cusack will lead you in making Valentine crafts for yourself and some Valentines to mail to Peaks Islanders who are shut in or in nursing homes. The library will have the names and addresses and stamps.

Thursday, Feb. 10, 7pm – Valentine Poetry Read: Come Celebrate Valentine's Day at the Peaks Island (Sometimes Annual) Valentine Poetry Read, an evening of love poetry. Bring a poem or poems to share. Decadent desserts are always welcome. FMI: Contact Suzanne, 766-2344, or islandpainter@earthlink.net. A not-to-be-missed Peaks Island event, in the Community Room.

Thursday, Feb. 17, 7pm – Investments Program: Author Benjamin Sprague will speak about his book, *Buy, Hold, Sell: a Disciplined Guide to Investment Success*, in the Community Room. The book provides an investment framework to consider, following a difficult 10 years of stock market fluctuations. It is for people who are confused or apprehensive about the stock market, but still want some growth from their money. Sponsored by the Friends of the Peaks Island Branch Library.

Nursery-Rhyme Time is on Wednesdays at 11, following the Community Playgroup across the hall. PreSchool Story Time is on Fridays at 10:15.

All Saturdays: at 6pm and 8pm, there are MOVIES * MOVIES * MOVIES – see back page of STAR for listings.



Summer Arts Counselor in Training Program 2011 at TEIA

The Friends of TEIA applied for and received a grant from the Peaks Island Fund last summer for "Peaks Island Tweens" between the ages of 13 and 16 to establish an Art Assistant CIT Program in conjunction with the TEIA Art Camp Program. We are looking for applicants in that age group for this summer's TEIA Art Program.

Selected CIT Art Assistants will be assigned to assist one artist during their three day art workshop. CIT's will aid the artist instructors with activities such as set-up, clean-up, distributing materials and the weekly end of workshop reception. A small stipend will be available to the four CIT's selected to participate in the program. In preparation for this summer opportunity, the CIT's will receive some formal leadership training and working with younger children. Each CIT is expected to volunteer one morning with the TEIA summer Kids Camp Program presenting an art activity. The selected CIT's will also be able to select and attend an art class workshop week.

Upon completion of the CIT Art Assistant Program successful applicants will receive a stipend for the training and coaching class as a CIT and for their workshop assistant week; TEIA membership for 2011; enrollment in one scheduled TEIA Art Workshop during the summer of 2011 and an Art Assistant Certificate of Completion.

For further information or an application contact Stephanie at sealights99@aol.com

ALL APPLICATIONS MUST BE RECEIVED BY APRIL 15TH

The selection process will be timely after reviewing the applications and a personal interview so that you can make your summer plans. Art Workshops are held during the month of July.

PEAKS ISLAND CHILDREN'S WORKSHOP: 71 Herman Avenue: 766-2854 www.picw.org

PICW will be closed on February 21, 2010 in honor of President's Day.

FEBRUARY WEDNESDAYS: Celebrate WINTER FUN all month long with the AFTERNOON EXPLORERS!

Snowshoeing with ~~Winter~~ *Winter*, sliding, snow forts, snowmen, winter traditions, hiking, crafty projects and much more!!

Feb 2, 9, 16 from 12:30pm – 4:30pm and Feb 23 from 8:30am-12:30pm. Extended Care available!! Cost: \$40 per Wednesday; \$35 for Club Members. Come join us for all kinds of winter fun!

PEAKS ISLAND FOOD PANTRY: Open Monday through Friday, 8:00 – 5:00. Delivery options available. The pantry is stocked up with special items donated by your island neighbors and friends.

SUSTAINABILITY EVENT: LEARN TO MAKE STORM WINDOWS! with Birgitta Polson from the Island Institute on **Thursday, February 3rd, 6:30 – 8:00 p.m.** SEED SWAP with Jim Lausier to answer questions on vegetables that grow well on Peaks Island. Child care and snacks available. Call 766-2854 for more information.

LET'S GO 5-2-1-0! With Emily Cooke, program coordinator from the Let's GO! Program. Learn the role that parents and teachers/providers can take to address the concerns around obesity in our children, and how parents and pre-k environments can provide options for physical activity as well as for healthy eating. **Monday, February 7th, 6:30 – 8:00 p.m.** Child care and snacks available. Call 766-2854 for more information.

MOVING STORIES: PICW's preschoolers will be moving and grooving to stories using movement and musical instruments with guest artist Ellie Libby on **Tuesday, February 8th from 10:00 – 11:30** at the Senior Center. This event is sponsored by an "Early StARTS" grant through DHHS and the Maine Arts Commission. Parents welcome to join us.

ANNUAL CLOTHING SWAP: Nurture yourself with a glass of wine, nibbling on chocolate while picking out a new outfit from gently used items from a fellow islander's closet. **Sunday, February 12th from 2:00 – 4:00 p.m.** \$5 suggested donation to benefit the PTO and PICW. Held at the Bridgford's house on Central Avenue. Call Christina Foster at 221-3445 with questions.

INFANT/TODDLER PLAY GROUP: Do you have young infants or toddlers? Would you like to come by the Workshop so that your children can explore our space and materials? Would you like to schmooze with other parents of young children? Come to the Workshop on **Fridays from 10:15 a.m. – 11:00 a.m.** FREE!



PEAKS ISLAND ELEMENTARY SCHOOL

Sunday, February 6 • 1 pm.

Paul Bunyan, Mighty Mainer

Super-size your Super Bowl Sunday with an afternoon of theater magic for all ages. The tallest tale of them all comes to life as Freeport High School students from the Figures of Speech ensemble use puppets, stories and music to relate the adventures of the legendary giant lumberjack, his ax and his ox. *Free admission; RSVP 766-2528.*

Wednesday, February 16 • 6:15 p.m.

Winter Celebration of Learning

In the dark of winter, around the 100th day of school, Peaks Island School students invite the island community to share the fruits of their learning. Enjoy a performance by the student chorus directed by Jan Thomas, and lively presentations from each classroom. *Free admission; RSVP 766-2528.*

Spagh- etti **Dinner Fundraiser** **Peaks Island School PTO**

Friday, Feb. 4th. 5-8pm

Inn on Peaks Island

Family-style spaghetti dinner Silent Auction and Raffle
Live Music by Phil Daligan **LOTS OF NEW ITEMS**

Advanced Tickets: \$10 adults/\$5 kids; at the door \$12/\$6.

Tickets available from Susan Hanley 766-2735 or Melissa Conrad 766-9736.

PEAKS ISLAND HEALTH CENTER
87 Central Avenue P.O. Box 52 Peaks Island, Maine 04108
766-2929, Fax: 766-5073 www.peakshealth.org www.intermed.com

Office Hours

Tuesdays, 10am to 4pm. Kitty Gilbert, FNP, sees infants to adults

Fridays, 8:30am to 2:00pm. Lois Tiedeken, ANP, sees ages 13 and older

Mary Grimaldi, Clinical Assistant/Administrator, is on duty Tuesdays and Fridays.

Starting this year, Medicare will cover a very comprehensive physical for Medicare patients once every year. There is no co-pay involved and the deductible does not apply—the service is completely covered. This is a new benefit that was added by the health reform law. Please speak to Lois, Kitty or Mary for details.

Just a reminder that flu vaccines are still available. It's not too late to get one. Please call the office if you are interested.

Tentative date for lab tech: Friday, February 18, 8:30 to 10:00am.

Please call the office at 766-2929 to schedule appointments. If you call during business hours and no one answers the phone, it means we are either on the other line or we are assisting patients. Please leave a message and your call will be returned as soon as possible.

A Taxing Question – How to Get Tax Forms for 2010

STATE OF MAINE

This year for the first time the State of Maine is mailing state tax packages to individuals but not bulk supplies to libraries. If you do not receive state tax forms in the mail, they are available by

- downloading from the Maine Revenue Services web site at www.maine.gov/revenue/forms/homepage.html

To have a booklet mailed to you directly, you may

- Order on-line at www.maine.gov/revenue/forms/FormsReq_form.html
- Call the forms line (207) 624-7894, leaving your name and address
- Write to Maine Revenue Services, PO Box 1060, Augusta, Maine 04332-1060

FEDERAL TAXES

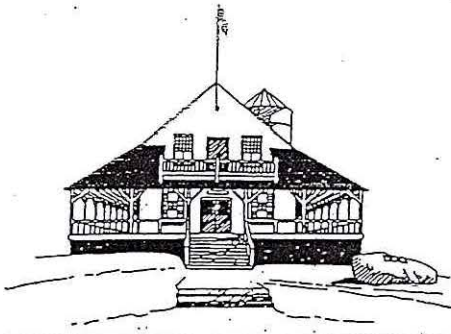
The IRS announced that individual and business taxpayers will no longer receive paper income tax packages in the mail from the IRS. These tax packages contained the forms, schedules and instructions for filing a paper income tax return. The IRS is taking this step because of the continued growth in electronic filing and the availability of free options to taxpayers, as well as to help reduce costs.

To get paper forms and instructions you may:

- Download Forms and instructions online at IRS.gov
- Visit an IRS Taxpayer Assistance Center (TAC), participating libraries and U. S. Post Offices
- Individuals making \$49,000 or less can use the Volunteer Income Tax Assistance program for free tax preparation
- Individuals aged 60 and older can take advantage of free tax counseling and basic income tax preparation through Tax Counseling for the Elderly

IRS Free File provides options for free brand-name tax software or online fillable forms plus free electronic filing. For more information, visit IRS Free File on IRS.gov

The Peaks Island Branch Library has SOME federal tax forms and will have more as they are printed. Instruction booklets are late this year, waiting for Congressional action. We are glad to help anyone with getting forms online.



FIFTH MAINE REGIMENT MUSEUM
P.O. Box 41
Peaks Island, Maine 04108

(207) 766-3330 • fifthmaine@juno.com

With a snowy winter having arrived, one can't help thinking about the balmy days of summer on Peaks Island. Some folks are already looking ahead and planning summertime activities. The Fifth Maine is looking for volunteers to help with all of our programs and activities. For those of you who may be interested in becoming a docent (museum guide) at the Fifth Maine, the Portland History Docent collaborative's training program begins on February 17. Those who complete the training are awarded PhDs. Contact Bill Hall at wpeaks@earthlink.net of 766-2514 for details.

There's already strong interest in our two summer youth camps to be held in July. In the *Victorian Secrets* camp, directed by Susan Hanley, campers will learn about 1860s fashion and sew their own piece of Victorian clothing. Tricia Erikson and Jamie Hogan will again direct the History Comix Camp. This year's theme will be *Carnival*. Campers will learn about the many amusement parks and summer resorts (including Peaks Island) that sprung up during the latter decades of the nineteenth century and create artwork to reflect that colorful era. For more information about the camps, contact Tricia at whitecapconsulting@gmail.com or 766-5591.

Ladies Auxiliary Chowder Contest

Come out of the cold and join us at the American Legion Hall on Saturday, February 26th. The Ladies Auxiliary is holding a Chowder Contest beginning at 5:00 p.m. and continuing until the last drop of chowder is gone. All Islanders & Guests are invited to enter the contest or just come and enjoy the chowder. To register your entry, please contact Leslie Davis at 347-9906.

A \$7.00 minimum donation for adults, \$3.00 for children (8 & under), or a family donation of \$20.00 entitles you to a Vote for the Best Chowdah and a full bowl of the chowder of your choice after the tasting ends. The Ladies Auxiliary will also be serving deserts and coffee.

Bring a 12-count muffin tin as your tray to hold the tasting cups and let's enjoy the fun with our friends and neighbors. All proceeds benefit the Ladies Auxiliary Scholarship Fund.

American Legion News

The American Legion invites you to join
Musicians, friends, and family for

Remembering: A Musical Tribute to Chris Tuttle
Date: Saturday, March 19th
Time: 8 p.m. to 11 p.m.

Brackett Memorial United Methodist Church

Open Hearts, Open Doors, Open Minds

We are a Welcoming, Inclusive, Reconciling Congregation

3 Church Street, Peaks Island, Maine, email: brackettmumc@yahoo.com

The Rev. Desi Larson, Pastor; Laura Glendening, Administrative Assistant

Phone: 207-766-5013 On the Internet: www.brackettmumc.org

Sunday Worship 10 a.m., with Sunday School & Childcare

February Special Events & Activities

Winter Evening Discussion Groups and Potlucks, Thursdays, Feb. 3, 17 & March 3, 6:30 p.m.–8:00 p.m., at the parsonage. We invite you to read these books and join us in discussion of “What is Mission?” Feb. 1 - *God Has a Dream: a Vision of Hope for Our Time* by Desmond Tutu. Feb 17 – *Mountains Beyond Mountains* by Tracy Kidder.

“Ronda Dale’s Duets Show”, Saturday, February 12, 7:30-9:00 p.m. **A benefit concert for Brackett Church.** Featuring duets by Ronda Dale and a variety of special guests from Peaks and beyond. The show is by donation. Babysitting available.

Scripture Study, Thursday mornings beginning Jan. 6, at 9:00 a.m., parsonage.

Children’s Choir, Mondays, 2:45p.m.-3:15p.m. All children are welcome! For info contact Mavourneen Thompson, 899-0108.

Prayer Shawl Ministry, Thursday afternoons at the parsonage, 12:30-2:30. All are welcome! For more info contact Emily Sherwood, 766-5545.

Taizé Worship Service, Wednesday evenings, 5:30 p.m. Join us for quiet, low-key worship with candlelight, silence, prayers, gentle music, and ecumenical readings.

Ice Cream Social, Friday, February 11, 4-6 p.m. Please join us for an ice cream social where we will discuss future plans for fundraising by the youth and 'Tweens! We will be planning a plant sale and fundraiser in April. We need your ideas! All are welcome at 72 Elizabeth Street, the Winters house, 766-2428.

Tween Night, Friday, February 11, 6:30-9:30 p.m., fellowship hall. Drop in for pizza, ping-pong & a movie. Open to all 6-8th graders. For info contact Celeste 766-5857.

Church Supper, Thursday, February 24, 5-6:30p.m. Featuring Italian food. Free. All are welcome! For info call the church office.

Peaks Island Baptist Church

235 Pleasant Ave

Pastor Beau Boyle

766-3077 <http://pibc.webs.com>

Sunday: Children’s Sunday school (all ages) 10-11am

Bible Study (all ages) 10-11am

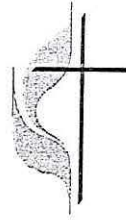
Worship 11-Noon

Food Ministry Delivery Sundays

Wednesday: Prayer Meeting 6-7pm

Thursday Open Gym (Peaks Island School) 5-7pm

****VAN PICK UP FOR SUNDAY AND WEDNESDAY SERVICES****



St. Christopher's Catholic Church

Rector: Father Louis Phillips 773-7746

Parochial Vicar: Father Michael Seavey

Sunday Mass at 10:00 AM followed by brunch in the Parish House.

All are invited - details are on-line at www.cluster21portland.org.

Information: Baptism, Reconciliation & Marriage: Call Father Lou.

AA: Meets each Tuesday evening at 6:30 PM in the Parish House.

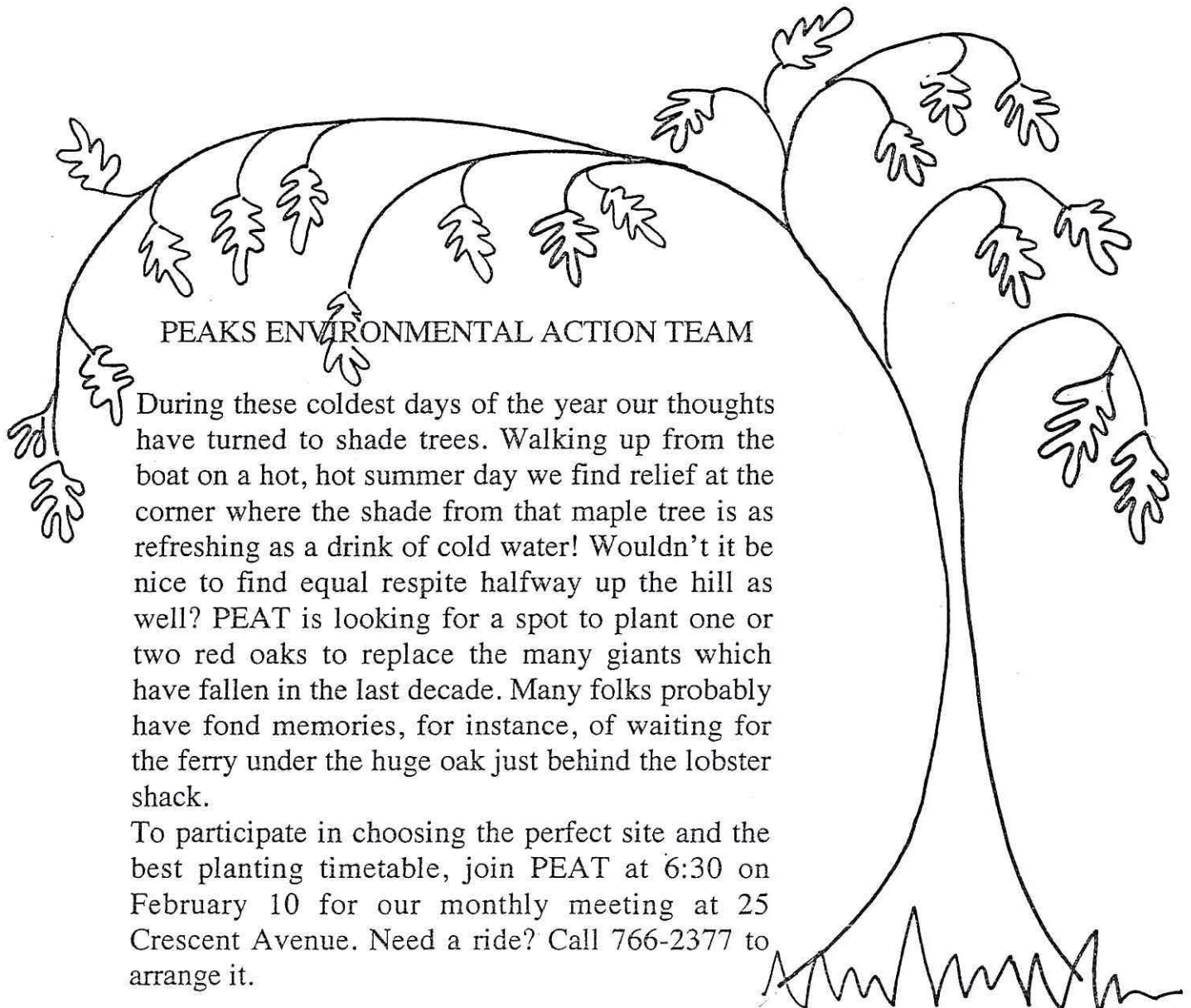
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Peaks Island Community Emergency Response Team (CERT)

February's CERT meeting will be at 6:15 PM Monday, February 21st
at the Doug MacVane Community Center.

New members are always welcomed!

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FEBRUARY ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Recreation and Facilities Management

To reserve space and equipment in the community building, you must contact Denise at least two days in advance. You may leave a message at 766-2970 or via email at dlm@portlandmaine.gov. Please plan ahead as Denise works just part-time on the island – Mondays, Thursdays and Fridays. **Please note:** Denise will be on vacation from March 1 to March 13. Messages will be checked on Feb. 28 and then not again until March 14. Community room is available only if you are on the official calendar.

The facility schedule is now on-line – you may check for room availability (<http://www.portlandmaine.gov/rec/peaksislandcc.asp>) but you still need to contact Denise to reserve a specific date and time.

ACTIVITIES FOR CHILDREN

FIRST MONDAY FUN: PRESCHOOLERS/ADULTS

Note: there will be no First Monday Fun in March
Monday, February 7 anytime from 11 am to noon (com. rm.)
 Have fun with your little ones as we dance, sing & make crafty items. Children must be accompanied by an adult.

MAKING PEAKS ISLAND'S LONGEST SCARF!

Monday, February 7 anytime from 2:45 – 3:30pm (com.rm.)
 Join us after school and knit a row or two on a community scarf. Come learn how to knit – all materials are supplied.

FUN on VACATION: BOARD GAMES/CARTOONS

Thursday, February 24 11:00 am Board Games
 (community room) 1:00 pm Old-fashion Cartoons
 Children and adults are welcome to play Chinese Checkers, Pictionary, Scattergories, etc. Enjoy "Rocky & Bullwinkle".

MOVIE: *UP* (back by popular demand!) Rated PG

Friday, February 25 1:00-2:30 pm (com. rm.)

ON-GOING EXERCISE PROGRAMS - ADULTS

Mondays and Thursdays (community room)

8:30-9:15 am – Stretch & Laugh Program

9:30-10:30 am – Low-Impact Aerobics w/ Weights

Tuesdays

2:00-4:00 pm – Ping Pong Tuesdays (community room)

6:00-7:50 pm – Adult Basketball (PI School Gym) \$2 pp
 (no basketball during school vacations or on snow days)

ISLAND HAPPENINGS FOR ADULTS

MAKING PEAKS ISLAND'S LONGEST SCARF!

Monday, February 7 Drop in anytime 1:00 – 3:30 pm
 This on-going community project is off to a great start! Stop by the com. rm. to knit a few (or many) rows – can be crocheted. Let's see how many home-made scarves we can connect; afterwards, we'll separate the scarves & donate them to charity. FMI, please check Denise's bulletin boards.

BINGO: win LOVE-ly prizes for VALENTINE'S DAY!

Thursday, February 10 10:45 – 11:45am (com. rm.)

THINK SPRING – GARDEN TALK/WHAT'S ONLINE

Friday, February 11 1:00 pm in community room
 Join Vinnie Demos and other gardeners who had the waist-high raised bed at Trott-Littlejohn Park last summer. Learn how to use Earth Boxes at home and explore the internet for some great gardening sites. No computer or garden needed!

SING-A-LONG: OLD-TIME FAVORITES

Friday, February 18 1:00 pm in community room
 Islander Barnabas Johnson will play the piano while we sing (or just listen) to some old-time favorites.

BOARD GAMES: RACKO, YAHTZEE and more!

Thursday, February 24 11:00 to 1:00 pm (com. rm.)

MOVIE: *UP* (back by popular demand!) Rated PG

Friday, February 25 1:00-2:30 pm (com. rm.)



Saturday Night Movies in February



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

Feb	6 PM	Feb	8 PM
5	<i>Diary of a Wimpy Kid</i> (2010) PG, 92 min	5	<i>Les Choristes</i> (2004) PG-13, 97 min
12	<i>Secretariat</i> (2010) PG, 116 min	12	<i>The Lady Vanishes</i> (1938) NR, 105 min
19	<i>Home Alone</i> (1990) PG, 103 min	19	<i>The King of Hearts</i> (1967) NR, 102 min
26	<i>The Incredibles</i> (2004) PG, 115 min	26	<i>Gran Torino</i> (2008) R, 116 min

Children must be accompanied by an adult.